

ard203 List of Questions

Latex formatted questions may not properly render

Q1 Food cannot be preserved by ----

- ☐ Sun-drying
- ☐ salting
- ☒ seasoning
- ☐ smoking

Q2 The process of nourishing the body is ----

- ☐ Eating well
- ☒ Nutrition
- ☐ Food
- ☐ Balanced diet

Q3 The history of Home Economics shows that it has existed ---- among Nigerians.

- ☐ Long ago
- ☐ formally
- ☐ Previously
- ☒ informally

Q4 The first Principal of Queens college Lagos who ensured that domestic Science was included in school curriculum was----

- ☐ Mrs. Johnson
- ☒ Miss Blackwel
- ☐ Mrs. Billis Josephine
- ☐ Mrs. Margaret Rossiter

Q5 These factors have motivated the derivation of new Home Economics philosophy except----

- ☐ Shift in society from small community to more complex one
- ☐ Increase in human movement for business
- ☒ Society not very dynamic in accepting and adapting to change
- ☐ Information and communication technology

Q6 The field of knowledge and services concerned primarily with strength of the family

- ☐ Home management
- ☐ Family life
- ☒ Home Economics
- ☐ Domestic Science

Q7 There are ---- basic needs of humans.

- ☐ 5
- ☐ 6
- ☐ 4
- ☒ 12

Q8 ----- refers to those things that are good for their own sake.

- ☐ Instrumental values
- ☒ Momental Values

- ☐ Intrinsic Values
- ☐ Constructive value

Q9 ---- cannot be seen but are recognized in behavior.

- ☐ Need
- ☐ Value
- ☐ Standard
- ☐ Love

Q10 ---- is a forum for translating field knowledge into specific action for improving the Nigerian woman's productivity in Agriculture.

- ☐ Home Economics Extension
- ☐ Women in Agriculture
- ☐ Agricultural Programmes
- ☐ Non-Governmental Programmes

Q11 "Green Revolution was established to boost food supply by the government of -----.

- ☐ Ahaji Musa Ya'aradua
- ☐ General Babangida
- ☐ General Sani Abacha
- ☐ Ahaji Shehu Shagari

Q12 One factor that affects food supply is-----.

- ☐ Over crowdedness
- ☐ Over population
- ☐ Food scarcity
- ☐ None of the above

Q13 Which of these is not a contribution of Extension Service to the family?

- ☐ Social development
- ☐ Nutrition
- ☐ Research
- ☐ Child rearing

Q14 ----- is a service organized by the government which concerns conducting and interpreting research finding at level of the community and the family.

- ☐ Agricultural Extension
- ☐ Home Economics Extension
- ☐ Home Management Extension
- ☐ Government Programme Extension

Q15 In house cleaning, spring cleaning is done-----

- ☐ Daily
- ☐ weekly
- ☐ Bi-monthly
- ☐ yearly

Q16 All these are guidelines for colour distribution in interior decoration but one

- ☐ Use colour distribution to emphasize or deemphasize the interior design
- ☐ Test colour in the type of existing light in the room.

- ☐ Use any colour available
- ☐ Use very bright colours in small amount

Q17 Furnishings are selected based on ----

- ☐ Good design
- ☐ purpose
- ☐ Texture and pattern
- ☐ manufacture

Q18 One of these is a set of movable articles in the house

- ☐ Fixtures
- ☐ Furnishings
- ☐ Decorations
- ☐ Furniture

Q19 There is advantage in renting a house because:

- ☐ One can easily buy it over
- ☐ One can easily change the house with changes in housing
- ☐ It is often easy to obtain necessary repairs
- ☐ Very possible to find house in the neighbourhood

Q20 ---- should be a place where each family member finds relaxation

- ☐ Bedroom
- ☐ House
- ☐ Parlor
- ☐ Home

Q21 The original meaning of philosophy is conceived by the ----

- ☐ Iraq
- ☐ Greeks
- ☐ Egyptians
- ☐ Babylonians

Q22 To call a substance food, it must be able to do all the following except ----

- ☐ Provide the body with materials which can produce heat or any form energy
- ☐ Provide materials to allow growth, maintenance and repair
- ☐ Supply substances which regulate the reproduction energy
- ☐ Tasty and sweet when eaten

Q23 Washing Machine was invented by -----

- ☐ Josephine Cochran
- ☐ Isaac Newton
- ☐ Mrs. Johnson
- ☐ Mrs. Burnett

Q24 One need for stating the philosophy of Home Economics is ----

- ☐ To develop appropriate and necessary human resources
- ☐ Prepare people for home and family lives
- ☐ Nurture and foster physical development of families
- ☐ To study family and community lives

Q25 Which one is not a factor hindering effective implantation of Home Economics Philosophy?

- ☐ Culture and Socio practices
- ☐ Diversity in culture and religion
- ☐ Declining economy
- ☐ Fragmentation

Q26 Nutrition Science had its root in the year-----

- ☐ 1850s
- ☐ 1840s
- ☐ 1860s
- ☐ 1870s

Q27 The first president of the American Home Sciences Association was -----

- ☐ Isaac Newton
- ☐ Ellen Swallow Richard
- ☐ Maria Panoa
- ☐ Melvil Dewey

Q28 Identify one that is not a constrain to women's participation in agriculture

- ☐ Restriction imposed by culture
- ☐ Women farmers are often voiceless
- ☐ Child rearing
- ☐ None of the above

Q29 In order of importance, one of these is second in the hierarchy of needs.

- ☐ Esteem
- ☐ Safety
- ☐ Food
- ☐ Social

Q30 Clothing is the area concerned with the following except

- ☐ Use and /core of the Sewing machine
- ☐ Basic and decorative stitches
- ☐ Seems and Blankets
- ☐ Seems and plackets

Q31 Home Economics Extension seeks to be the most powerful programme as a tool to the holistic development of the citizenry

- ☐ Home Economics Extension
- ☐ Home Economics philosophy
- ☐ Agiculture
- ☐ Farming

Q32 Management Economics in general terms may be said to be planned activities directed towards accomplishing desired goals

- ☐ Management Economics
- ☐ Management
- ☐ Economic motivation
- ☐ Home Economics

Q33 Bamboo houses are found mostly in Nigeria along the ----

- ☐ river sides
- ☐ lagoons or swampy areas
- ☐ river sides
- ☐ savannah areas

Q34 ----- is one of the strategies of implementing Home Economics philosophy

- ☐ Contribute to knowledge improvement through research
- ☐ Understanding the philosophy of the discipline
- ☐ Contributing ones personal philosophy
- ☐ None of the above

Q35 -----involves the establishment of proper relationship among the various activities planned, the people and other resources

- ☐ Evaluation
- ☐ organizing
- ☐ Decision making
- ☐ Management

Q36 Planning involves the following except----

- ☐ identifying the needs
- ☐ Identifying available resources
- ☐ Establishing priorities among needs
- ☐ Implementation

Q37 Which of the following is not a step in decision making?

- ☐ Selecting an alternative
- ☐ Identifying problems
- ☐ Goal setting
- ☐ Obtaining information and searching for alternatives

Q38 The following factors affect the choice of a house except ----

- ☐ ventilation and lighting
- ☐ economic factor
- ☐ agro-chemicals
- ☐ size of the family

Q39 Which one is not a factor to be considered when purchasing expensive household equipment?

- ☐ Column
- ☐ Cost
- ☐ Utility
- ☐ Quality

Q40 Expected development tasks of childhood include the following except

- ☐ learning of work
- ☐ learning to take solid food
- ☐ learning to talk
- ☐ learning to insult

Q41 Accident in the home can be prevented by -----

- ☐ keeping work-ways free of clutter
- ☒ avoiding slippery floors
- ☐ keeping first-aid box
- ☐ all of the above

Q42 The following are factors that motivate management except

- ☐ values
- ☐ resources
- ☒ complexity
- ☐ Needs

Q43 Which of the following gives strength and rigidity to bones?

- ☒ Calcium
- ☐ Carbohydrates
- ☐ Water
- ☐ Thiamine

Q44 Those things we always prefer are called -----.

- ☒ Likes
- ☐ wants
- ☐ Demands
- ☐ Denials

Q45 which of the following is an example of physiological needs?

- ☐ freedom from harm
- ☒ food and nutrients
- ☐ predictability
- ☐ recognition

Q46 The following are factors that motivate management except

- ☐ Values
- ☐ Resources
- ☒ Complexity
- ☐ Needs

Q47 According to WHO, health is----

- ☐ Absence of sickness and diseases
- ☐ Physical well-being of individuals
- ☒ State of complete physical, mental and social well-being
- ☐ State of physical and mental well-being

Q48 -----involves the establishment of proper relationship among the various activities planned, the people and other resources

- ☐ Evaluation
- ☒ Organizing
- ☐ Decision making
- ☐ Management

Q49 ----- of market agents and their operations would guide the consumer on how to buy.

- ☐ Activities.
- ☐ Organization
- ☐ Knowledge
- ☐ Co-operation

Q50 One of these does not ensure economic security

- ☐ Insurance
- ☐ Trading
- ☐ Investment
- ☐ Saving

Q51 One of the reasons for cooking food include

- ☐ To develop new flavours
- ☐ Pleasing to the eye
- ☐ To change the taste
- ☐ none of the above

Q52 -----was the first to run Home Economics at degree level. Nigeria

- ☐ University of Ibadan
- ☐ University of Nigeria Nsukka
- ☐ University of Ife
- ☐ Ahmadu Bello University Zaria

Q53 The first president of the American Home Sciences Association was -----

- ☐ Ellen Swallow Richard
- ☐ Isaac Newton
- ☐ Maria Panoa
- ☐ Melvil Dewey

Q54 Budgeting have all the following advantage but one

- ☐ Allows the family expenditure to be seen in perspective
- ☐ Enabling proper decision making
- ☐ Helps impulse buying
- ☐ Helps thrift buying

Q55 Which of these is a source of consumer information?

- ☐ Friends
- ☐ Advertisement
- ☐ Manufacturer's leaflet
- ☐ All of the above

Q56 What is a market?

- ☐ All activities in the process of exchange between buyers and sellers
- ☐ A place set aside for buying and selling
- ☐ A place where people deal with exchange of human labour
- ☐ Consumers' point of buying and selling

Q57 One of this is not a factor hindering effective implantation of Home Economics Philosophy.

- ☐ Culture and Socio practices
- ☐ Diversity in culture and religion

- ☐ The declining economy
- ☐ Fragmentation

Q58 One importance of consumer education

- ☐ Consumer knows Value for his/her money
- ☐ Consumer will be able to calculate her money
- ☐ Consumer will know how to do whole sale buying
- ☐ None of the above

Q59 The last step in decision making is -----

- ☐ Identifying the problem
- ☐ Selecting alternatives
- ☐ Collecting information
- ☐ Considering the consequences

Q60 The first step in the management process is

- ☐ Organizing
- ☐ Evaluating
- ☐ Planning
- ☐ Implementation

Q61 The following are factors that motivate management except -----

- ☐ Values
- ☐ Resources
- ☐ Complexity
- ☐ Needs

Q62 An arrangement in which there is agreement to obtain a good for a specified period of time for a nominal sum is called -----

- ☐ Credit purchase
- ☐ Hire purchase
- ☐ Bulk purchase
- ☐ Good purchase

Q63 One reason for stating the philosophy of Home Economics is to ----

- ☐ Develop appropriate and necessary human resources and competence for various educational and community setting
- ☐ Prepare people for home-making and family life
- ☐ Nurture and foster physical development of families
- ☐ Study family and community lives

Q64 An example of physiological need is----

- ☐ Free from harm
- ☐ Food and Nutrients
- ☐ Predictability
- ☐ Recognition

Q65 One of the following is not among the factors that motivate management.

- ☐ Values
- ☐ Resources

- ☐ Complexity
- ☐ Needs

Q66 The followings are elements of management except ----

- ☐ Planning
- ☐ Organizing
- ☐ Evaluation
- ☐ Scrutiny

Q67 -----involves the establishment of proper relationship among the various activities planned, the people and other resources.

- ☐ Evaluation
- ☐ Organizing
- ☐ Decision making
- ☐ Management

Q68 The process of using the family resources to meet the family's needs or goals is ----

- ☐ Home Science
- ☐ Home management.
- ☐ Home Manager
- ☐ Home Economics

Q69 Cooking which results in development of new recipes and diversified utilization is referred to as----

- ☐ Conventional food
- ☐ Experimental food.
- ☐ Home food
- ☐ Harmonized food

Q70 One of the reasons for cooking food include----

- ☐ To develop new flavours
- ☐ Pleasing to the eye
- ☐ To change the taste
- ☐ none of the above

Q71 -----was the first to run Home Economics at degree level in Nigeria.

- ☐ University of Nigeria Nsukka
- ☐ University of Ife
- ☐ University of Ibadan
- ☐ Ahmadu Bello University Zaria

Q72 The first president of the American Home Sciences Association was -----.

- ☐ Ellen Swallow Richard
- ☐ Isaac Newton
- ☐ Maria Panoa
- ☐ Melvyn Dewey

Q73 Cornell's college of Home Economics was founded at the beginning of the -----century.

- ☐ 18th
- ☐ 19th
- ☐ 20th

☐ 21st

Q74 The gap between what we have and what we want to have is called -----.

- ☐ Desire
- ☐ Living standard
- ☒ Need
- ☐ Want

Q75 Isaac Singer invented the first practical sewing machine in the year -----.

- ☐ 1890
- ☐ 1856
- ☒ 1853
- ☐ 1860

Q76 One out of these is not a factor hindering effective implantation of Home Economics Philosophy?

- ☐ Culture and Socio practices
- ☐ Diversity in culture and religion
- ☐ The declining economy
- ☒ Fragmentation

Q77 Which of these is the focus of Home Economics

- ☐ Family relationships and child development
- ☐ Consumption of goods and services
- ☐ Housing for the family
- ☒ Genetic engineering and money

Q78 The worth placed on something is referred to as---

- ☐ Price
- ☒ Value
- ☐ Standard
- ☐ None of the above

Q79 One of the following is a guide to a consumer on how to buy.

- ☐ Activities of manufactures
- ☒ Knowledge of market agents and their operations
- ☐ Philosophy
- ☐ Organization of market stalls

Q80 All these are physiological needs used to maintain life except ----

- ☐ food
- ☐ sleep
- ☒ Education
- ☐ shelter